

March 2024



Rimbey & Area Community Newsletter

Recreation Services 403-843-3151
www.rimbey.com

Employment Opportunities

We are now taking applications for
Lifeguard and Instructors positions
for the 2024 season!

Applicants must have current lifeguard and
First Aid/CPR Certifications. Positions will
be filled when suitable candidates are found.

Drop of your resume at the Recreation Office
Monday through Friday 8:30am-4:30pm the
office is closed for lunch 12-1pm or by
email: recreation@rimbey.com

For more information call 403-843-3151



NOTICE: PUBLIC SKATE

The **last Sunday Family
Skate** for the season is on
March 24th, 2024
from 5:15-7:30pm.



Caregiver Mental Health

Join us for a workshop on mental health geared towards parents and caregivers! Learn about the stressors that commonly affect the mental health of parents and caregivers, and how to manage your stress in a healthy way!

**Thursday March 21st, 2024
6-7 PM**
Register for in person or zoom link participation!



Call 403-843-4304 or email
rimbeynp@telus.net to register!

RDSP PLANNING FOR THE FUTURE

Are You Maximizing Your Disability Tax Credit?

SPEAKERS

Chanceala Robak
CFP®, RIS
Financial Planner

Greg Hebert
CFP®, RIS
Senior Wealth Advisor

Tonya Hatala
Branch Manager

Join our Wealth experts in a discussion on RDSP program and how to get the most out of its unique advantages.

Refreshments will be provided.

DATE

- Blindman Youth Action Building
4907 49 Street
Rimby
- Thursday, March 7 2024
- 5.45 pm Doors Open
6.00 pm Presentation

RSVP

Seating is limited, please RSVP to:
Chanceala:
chanceala.robak@servus.ca
Alyssa:
403.843.4304



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Rimby Neighbourhood Place Parents Time Out

Connection, support, and self care for parents of young children - with child care provided

Thursday Morning 9:30-11:30.

registration required - text Sam @
403 872-1968

located at the Blindman Youth Action Building 4907 - 49 street



Neighbourhood Place
Program

MUMSTERS & BABES

a group for
parents with
kids under 2



Monday mornings 10:00 am - 11:30am

Register by text Please 403 872-1968



4907 - 49 street

Rimby Neighbourhood Place

drop in

Grow and Play

Tuesday mornings -
9:30-11:30

Blindman Youth Action Building

Financial contribution from
Public Health Agency of Canada / Agence de la santé publique du Canada



Alzheimer/Dementia

Drop-in Care Partner Support Group

We invite you to join us...

Where: Rimbey Provincial Building
 FCSS Boardroom
 5025 55 St.
 Rimbey

When: 4th Tuesday/month

Time: 10:30-noon

This is a drop-in support group for care partners, allowing them to meet with other care partners who are experiencing similar situations. Care partners will have a chance to connect with others and share what is going well and not so well, while talking about any other topics or questions.

For further information, please call: 403-342-0448 ext. 706

WWW.ALZHEIMER.AB.CA | WWW.ASANTCAFE.CA | 1-866-950-5465

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Gamer's Garage 3:30 PM	2 Creepy Bugs 2:00 PM
3	4	5 Storytime with Sue 10:30 AM Lego League 3:30 PM Pilates 6:15 PM Pilates 7:15 PM	6 Wacky Wednesday 3:30 PM Rock Photo Holders	7 Family Movie Night - "Wonka" 6:30 PM	8 Gamer's Garage 3:30 PM	9 Movement Mayhem 2:00 PM
10	11	12 Storytime with Sue 10:30 AM Lego League 3:30 PM Pilates 6:15 PM Pilates 7:15 PM	13 Wacky Wednesday 3:30 PM Shamrock Pastel Art	14 Bubble Party 6:30 PM	15 Fantastic Chef Friday 2:00 PM Grilled Cheese Roll-ups Hoja 7:00 PM	16 Movie Matinee - "Trolls Band Together" 2:00 PM
17 	18	19 Storytime with Sue 10:30 AM Lego League 3:30 PM Pilates 6:15 PM Pilates 7:15 PM	20 Wacky Wednesday 3:30 PM Fizzy Colours	21 Jewelry Making Workshop (registration required) 6:30 PM	22 Mad Science 3:30 PM	23 Donovan Day 2:00 PM
24	25	26 Storytime with Sue 10:30 AM Frozen In Time 2:00 PM Pilates 6:15 PM Pilates 7:15 PM	27 Charmed Affair 2:00 PM	28 Les Bucherons 2:00 PM	CLOSED	

Children under the age of 6 must be accompanied by an adult to all library programs



RIMBEYLIBRARY.PRL.AB.CA | 403.843.2841

Family Resource Network

Wetaskiwin, Ponoka, Rimbey, and surrounding areas

The Family Resource Network provides a variety of programs in the community for children, youth, and families to enhance skills, strategies, resilience, and connections to the community.

Early Child Development	Wahkohtowin Traditional Parenting
Child and Youth Development	Māmwāpāyiwīn
Parent Education	In home support for parents, caregivers, and youth 13 and up

CONTACT THE FRN HUB TODAY FOR MORE INFORMATION:
 780-352-4643 EXT. 3
 KATHRYN@WETASKIWINYOUTH.CA
 @FRNWET

FORSHEE HALL

POTLUCK AND CARDS

BRING YOUR FAVOURITE DISH TO SHARE

SUNDAY, JAN. 28
SUNDAY, FEB. 25
SUNDAY, MAR. 24
5:00 P.M.

4th SUN

Rimbey's 35th Annual
Women's Conference



Thursday, April 11, 2024

Peter Lougheed Community Centre
5109 - 54th Street
Rimbey, AB

Rimbey's 35th Annual Women's Conference

8:00 AM - 4:00 PM

Peter Lougheed Community Centre

5109 - 54th Street Rimbey, AB

Featuring : Shannon Boyce Campbell "Putting the Triple Threat into Perspective" Country Music
Artist : Shalaine Stebner Concurrent Sessions: A Season in My Garden - Carolyn Rallison Putting
Your Best Feet Forward - Nue Footcare Ltd. Paint a Candle Holder - The Crafty Unicorn Health
Reimagined - Kassandra Rietema Chair Yoga - Justine Henry Yoga Downsizing 101 - Precision
Professional Organizing

Catered Lunch , Vendors , Prizes \$45 (\$50 after March 28)

Contact : Rimbey FCSS 403-843-2030

Rimbey Royal
Canadian
Legion News

*Legion Bingo - the 2nd & 4th Friday of the month.
Doors open @ 6:30 p.m.
Bingo Starts @ 7:00p.m.
** Progressive BINGO***

*For Legion Hall Rentals
call*

403 843-2343

*For Legion Memberships
call*

Sonja 780-621-0797

*For other inquiries call
Christine 403-843-3592*

Rimbey Community
Addiction & Mental Health Services

Free services offered by AHS for
Children and Adults, struggling with addictions, anxiety,
depression or any other mental health concern.
"Hours of operation: Monday-Thursday 8:00-4:30p.m.,
Closed during the lunch hour 12:00-1:00p.m., Closed for
Statutory Holidays. Please call the central intake line @
1-888-594-0211 for an appointment."



RIMBEY AA Meetings
Anglican Church - 5207 52 Ave
Wednesday Evenings @ 7:30

Rimbey Medical Clinic is expanding to
better host our new physicians.
Thank you for your patience and
understanding
during our construction.

**HOME ROUTES IS BACK AT THE
BEATTY HERITAGE HOUSE**

Tue. Feb. 6 Pat Byrne

Wed. Mar 13 Lynne Hanson

Thurs. Apr. 11
Kitty and the Rooster

Fri. May 17 Kalyna Rakel and Dan Gurma

Concert time: 7:30 p.m.
Cost \$30.00

Call Teri Ormberg 403-843-6497 or email
bhhsociety@gmail.com to reserve a seat

