

Rimbey & Area Community Newsletter

Recreation Services 403-83-3151
www.rimbey.com



Drop In Sports
main auditorium
Pickle Ball or Badminton

Mondays, 7-8:30pm.

Tuesdays 1:00pm-3:30pm & 7:00pm-8:30pm

Thursday 1:00pm-3:30pm & 7:00pm-8:30pm

Please note that drop in sports can be cancelled due to an event in the Main Auditorium.

Please watch our Facebook page:
Rimbey Community and Recreation Services for any changes. Or call 403-843-3151



Need a night out.

We have a great fun night happening again Thursday February 23rd, 2023

The Peter Lougheed Community Centre will be hosting and wine and cheese cooking class. 6:30pm-9pm

Great for couples or a group of friends.

Space is limited.

To register call 403-843-3151



Rimbey Royal Canadian Legion News

Legion Bingo - the 2nd & 4th Friday of the month. Doors open @ 6:30 p.m. Bingo Starts @ 7:00p.m. ** Progressive BINGO. For Legion Hall Rentals call: 403 843-2184 or 403 843-2343. For Legion Memberships call 403 843-2464

Your Mental Health is like vehicle maintenance:

Don't wait for a crisis - the oil is low and the tires are flat

we can all use a mental health "tune up" from time to time

Call Red Deer Catholic Social Services Intake line @ 403 347-8844 and ask to be seen in Rimbey. Services available on a sliding scale, barrier free!



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Rimbey Community Addiction & Mental Health Services

Free services offered by AHS for Children and Adults, struggling with addictions, anxiety, depression or any other mental health concern. "Hours of operation: Monday-Thursday 8:00-4:30p.m., Closed during the lunch hour 12:00-1:00p.m., Closed for Statutory Holidays. Please call the central intake line @ 1-888-594-0211 for an appointment."



A PLACE FOR FAMILIES OF 0-6 YEAR OLDS TO CALL THEIR OWN

RIMBEY NEIGHBOURHOOD PLACE

Drop in *Free!*

GROW & PLAY

Tuesday 10:00
11:30 am

BLINDMAN YOUTH ACTION
BUILDING BACK DOOR

text 780 887-2702 for questions

Financial contribution from
Public Health Agency of Canada Agence de la santé publique du Canada

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Adult Learning will be putting together an English Language Conversation Cafe to practice speaking and listening in English in January and a Computer Basics class in February.

POTENTIAL NEW POST-SECONDARY PROGRAM!

ADMINISTRATIVE ASSISTANT CERTIFICATE

Highlights:

1. Offered in-person in Ponoka
2. Offered in one of two ways:
 - a. Full-time for 4 months (Mon-Fri)
 - b. Part-time evenings for 8 months (Mon - Fri)
3. Tuition for the five courses is \$2 715.60
4. For Employers interested in sending employees, this program does qualify for the Alberta Canada Job Grant
5. We need 15 - 18 students to be able to run this program

INTERESTED? CONTACT US!
403-783-3285 EXT 101

Alberta Advanced Education

OLDS COLLEGE

Campus Alberta Central

Rimbey Library

For more info. Check <http://rimbeylibrary.prl.ab.ca>

403 843-2841

We are closed Sunday and Mondays!

Tuesday Mornings 10:30 am – Storytime with Sue
Wacky Wednesdays - Crafts, science experiments, STEAM, and fun!! 3:30pm

Wednesday February 15—Piano & Violin Duo, 7:00 pm at the United Church

Thursdays:

February 2 - Movie Night; "HOME" @ 6:30 pm. Sponsored by the Rimbey Lions Club, 6:30 pm. Pop & Popcorn available for \$2

February 9—Lloyd Pullman, Metis Musician and Storyteller—7:00

February 23—Galaxy Party @ 6:30 and Book Club "Water for Elephants" @6:00

Fridays:

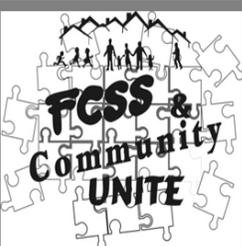
February 10 & 24—Fantastic Chef Fridays 2:00 pm

Saturday February 11—Valentine Day Craft Making—2:00

February 18—Movie Matinee, "Trolls World Tour" @ 2:00, pm. Sponsored by the Rimbey Lions Club. Pop & Popcorn available for \$2

We have activity kits for children of all ages that are available for loan. These include five Indigenous activity kits that help you and your children explore the culture of our FNMI peoples. Check out <https://rimbeylibrary.beanstack.com/reader365>

For some reading challenges that will win you prizes. If you have a child that is not yet in kindergarten enter our 1,000 books before kindergarten challenge. Your child will receive a book just for signing up!



Rimbey FCSS has a program to fit you. Whether you like cooking, have a young family, have an older family member, are an older family member, need help with meals, need some resources, support or company once in a while or maybe you want to give back to the community as a volunteer. We also have a resource

library available Monday to Friday 8:30-4:30, closed from 12-1. It is free to the public with books on health, well being, parenting etc. Call 843-2030 or visit our website for program details www.rfcss.com

Adoption Mosaic Support & Education will be hosting Virtual Support Groups for those impacted by Adoption and Permanency. Must be 18 to attend First Wednesday of each month at 7pm MST. Email: alesia@adoptionmosaicse.com www.adoptionmosaicse.com

UPSKILL with SkillTech

BREDIN CENTRE FOR CAREER ADVANCEMENT

START TODAY AT NO-COST TO YOU!

The program provides the Business and Technology skills you need to achieve your employment goals.

Call or Email us to learn more
+587-273-0225
reddeer@bredin.ca

Scan Here

The Province of Alberta is Working in partnership with the Government of Canada to provide employment support programs and services.



Thursdays 9:30 - 11:30 a.m.

Parents Time Out

Neighbourhood Place Family Programming

Located at the BYAS Building - back entrance: 4907 49 st.

child care provided

connection, support and self care

for more info or to register; email: sam.rimbeynp@gmail.com or text/call 403-872-1968

Financial contribution from
Public Health Agency of Canada / Agence de la santé publique du Canada

RIMBEY AA Meetings
 Anglican Church - 5207 52 Ave
 Wednesday Evenings @ 7:30

The Province of Alberta is working in partnership with the Government of Canada
 CAN Alberta Canada



CHANGE YOUR CAREER

Don't settle for dead end jobs or unfulfilling work! Change your career and take control of your life!

One-On-One Employment Services

BOOK NOW
 8:45am - 4:00pm
 Virtual or in-person appointments

FREE EMPLOYMENT READINESS & JOB PLACEMENT SERVICES
 Are you finding it harder than ever to find the work you want? Do you live in rural areas that seem to have fewer work options? Don't worry, you're not alone, and we can help. Services are available in Olds, Rocky Mountain House, Drayton Valley, Red Deer County, Ponoka County and Lacombe County regions and are needing support, call us at (403) 341-7811 today.

CAREER ASSISTANCE NETWORK
 Let us help you find the work you need, build the career you love!
 403-341-7811

www.rdcn.ca | careerassistancenetwork | careerassistancenetwork | rdcn

The Rimbe Medical Clinic is pleased to announce the initiation of a screening program for at risk seniors. The goal is to identify older adults that may have characteristics of frailty. We can then implement supports, treatments, and/or investigations to improve health outcomes, independence, and resilience. Patients must have a physician at the Rimbe Medical Clinic, be 75 years or older and meet certain criteria.

“There’s no bad consequence to loving fully, with all your heart.”

REESE WITHERSPOON



Potluck

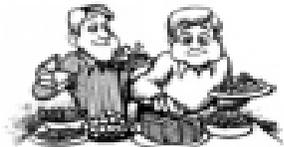
Porstee Hall Community Potluck and cards for those who want to stay

Last Sunday Jan/Feb/March

Jan. 29th.
 Feb. 26th.
 March 26th.

5:30 p.m.





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Alzheimer Society
 ALBERTA AND NORTHWEST TERRITORIES

Alzheimer/Dementia

Drop-in Care Partner Support Group

We invite you to join us...

Where: Rimbe Provincial Building
 FCSS Boardroom
 5025 55 St.
 Rimbe

When: 4th Tuesday/month

Time: 10:30-noon

This is a drop-in support group for care partners, allowing them to meet with other care partners who are experiencing similar situations. Care partners will have a chance to connect with others and share what is going well and not so well, while talking about any other topics or questions.

For further information, please call: 403-342-0448 ext. 706

WWW.ALZHEIMER.AB.CA | WWW.ASANTCAFE.CA | 1-866-950-5465

RIMBEY & AREA COMMUNITY NEWSLETTER - Available at: The Town Office, The, Blindman Youth Action Building, Rimbe Foods, the Tickle Trunk, Subway, COOP & Bluffton Store Brought to you by Rimbe Neighbourhood Place in partnership with the town of Rimbe Recreation Department. Please send us your submissions, questions or concerns: 4907 49th Street PO Box 980 Rimbe, AB T0C 2J0 phone:403.843.4304 or 403 843-6299 or text 780 887-2702 e-mail: rimbeynp@telus.net